

## **NEW TO NDSIS**

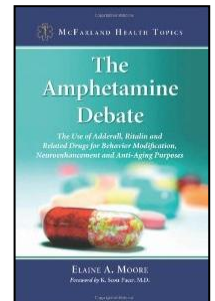
The following is a list of new resources added to the DRUG Database;  
These resources are available to be borrowed by all ADCA members.

### **ADDICTIONS**

#### **The amphetamine debate: the use of adderall, ritalin and related drugs for behavior modification, neuroenhancement and anti-aging purposes**

Elaine A. Moore | 2011 | McFarland & Company | 362.299 MOO

'This book covers both sides of the debate over amphetamine prescription and use. It discusses the history of amphetamine and related stimulants; ADHD and the use of Ritalin and Adderall to treat it; related neuroenhancers; methamphetamine from Desoxyn to crystal meth; the nature of addiction and side effects; sociological effects of amphetamine compounds; and expert opinions for and against amphetamine use.' - jacket

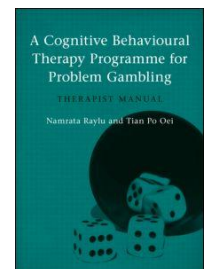


#### **A cognitive behavioural therapy programme for problem gambling: therapist manual**

Namrata Raylu & Tian Po Oei | 2010 | Routledge | 616.85227 RAY

'In this book the authors use a cognitive behavioural approach and provide a session by session guide for overcoming problem gambling. Essential topics covered include:

- assessment and psychoeducation
- cognitive behavioural strategies to stabilize gambling
- identifying and challenging thinking errors
- relaxation and imaginal exposure
- problem solving and goal setting
- managing negative emotions
- relapse prevention: maintaining a balanced lifestyle and coping with high risk situations

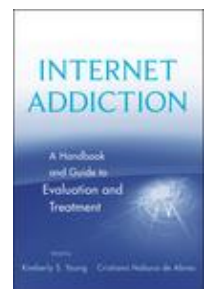


This book *supplies* detailed information to help the therapist and client understand gambling behaviours, as well as practical advice on techniques that can be used with the client to change these behaviours.'

#### **Internet addiction: a handbook and guide to evaluation and treatment**

Kimberly S. Young & Cristiano Nabuco de Abreu (Eds) | 2011 | Wiley | 616.8584 INT

'Internet addiction is an emergent disorder in the psychiatric and psychological fields. This book provides a theoretical framework to understand how to define and conceptualize compulsive use of the Internet from a clinical perspective. With various theoretical models from the psychiatric, psychological, communication, and sociological fields, it explores the prevalence of the disorder and the most addictive or problematic online applications, such as online pornography, Internet gambling, and online games. Evidenced-based treatment approaches are provided as well. A must-have for every clinician.' Wiley.



## **An unsafe bet? : The dangerous rise of gambling and the debate we should be having**

Jim Orford | 2011 | Wiley | 363.42 ORF.

*'An Unsafe Bet? The Dangerous Rise of Gambling and the Debate We Should Be Having* reveals how gambling represents a danger to public health due to its inherent addiction potential, which is being intentionally downplayed by the gambling industry and governments.

- Lays bare the extent of gambling and its effects on society
- Exposes the dilemma for policy makers, who are charged with protecting public health but also increasingly dependent on revenues earned from gambling.' Wiley



## **RESEARCH**

### **Addiction research methods**

Peter G. Miller, John Strang & Peter M. Miller (Eds) | 2010 | Wiley | 616.86027 ADD

*'Addiction Research Methods'* is a comprehensive handbook for health professionals, policy-makers and researchers working and training in the field of addiction. The book provides a clear, comprehensive and practical guide to research design, methods and analysis within the context of the field of alcohol and other drugs. The reader is introduced to fundamental principles and key issues; and is orientated to available sources of information and key literature.' Wiley

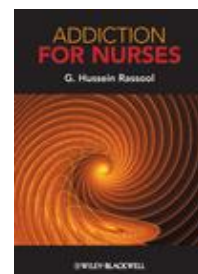


## **TREATMENT**

### **Addiction for nurses**

G. Hussein Rassool | 2010 | 616.860231 RAS

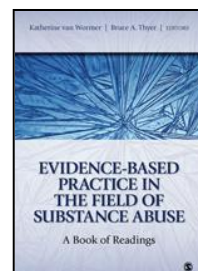
*Addiction for Nurses* is a comprehensive textbook for students, explaining the role of the nurse at each stage of intervention. Early chapters approach the subject from sociological, historical, and cultural perspectives, covering significant topics such as the nature of addiction, its social context, and addiction theory. The book then presents vital information about each of the main areas of addiction (nicotine, alcohol, opiates, cannabis, psychostimulants, and hallucinogens), with clinical and practical guidance on recognition, assessment, and treatment intervention strategies. Further chapters consider dealing with emergencies, blood-borne viruses, harm reduction, and work with specific client groups (e.g. black and ethnic minority communities, or those with special needs).



### **Evidence-based practice in the field of substance abuse.**

Katherine van Wormer & Bruce A. Thyer (Eds) | 2010 | Sage Publishers | 362.29132 EVI

*'The book is built around a core of treatment interventions that were published in several well-known journals on substance abuse treatment and research in social work practice. The purpose of the reader is to collect and comment on various forms of treatment that have proven effectiveness and to demonstrate how they have been applied in practice. In addition, the editors will provide a bridge analysis across chapters and sections connecting key themes across chapters, and they will provide a discussion in each chapter that describes why the intervention was chosen, it's significance and why it is believed to be noteworthy. In addition, each chapter will contain critical thinking questions and the book will contain a glossary of key terms.'* – Sage



### **Music therapy and addictions**

David Aldridge & Jorg Fachner (Eds) | 2010 | Jessica Kingsley | 616.86154 MUS

Recent studies show that music can reach the parts of the human brain that are linked to addiction, and can function as an integral part of recovery. This research-based, practical book demonstrates how music and music therapy can be applied in a variety of treatment settings to bring about therapeutic change.

Addictions such as alcohol, gambling and drugs are all covered in this interdisciplinary text, and chapters explore everything from the meaning of music in the lives of addicts to devising music therapy programs, enhancing coping strategies and preventing relapse. Lifestyle issues are also considered, along with the role of therapeutic communities, and connections in the brain between addiction, music, memory and emotion. The strategies outlined are relevant to addicts and recovering addicts of all ages.

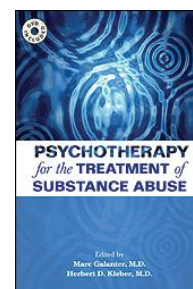


### **Psychotherapy for the treatment of substance abuse.**

Marc Galanter & Herbert D. Kleber (Eds) | 2011 | American Psychiatric Publishing | 362.29 PSY

'This book:

- Reviews the most common psychotherapeutic interventions for opioid-related and alcohol-related substance abuse disorders.
- Features chapters authored by leading authorities on each intervention covered.
- Gives valuable insight into the substance abuse disorders that affect over 20% of the U.S. population at some time in their lives.
- Outlines diagnostic tools such as patient assessment, patient placement criteria, and how to test for and identify recent drug use.
- Confirms that the most common interventions for virtually all substance abuse disorders are psychotherapy and behavioral approaches.' APP



To request any of the resources above please email [ndsis@adca.org.au](mailto:ndsis@adca.org.au)