

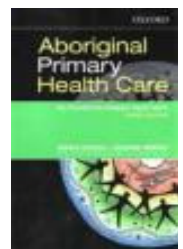
NEW TO NDSIS

The following is a list of new resources added to the DRUG Database;
These resources are available to be borrowed by all ADCA members.

Aboriginal primary health care: an evidence-based approach

Sophia Couzos [et al.] | 2008 | 3rd ed. | Oxford University Press | 362.849915 COU

'Aboriginal Primary Health Care, 3rd edition is Australia's definitive guide to best-practice management of the major health problems facing Aboriginal peoples and Torres Strait Islanders. This authentic and authoritative text assists health practitioners, policy-makers and communities to influence health determinants, advocate for and overcome inertia to change, and strengthen health care provision within a human rights context.' - OPU

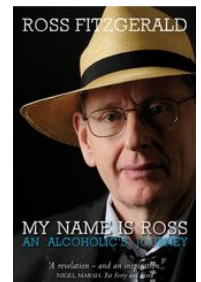


My name is Ross: an alcoholic's journey

Ross Fitzgerald | 2010 | UNSW Press | 362.292092 FIT

'I turn 65 on Christmas Day 2009. If I survive, I'll be 40 years sober. This means that I have had 40 more years on this planet than I otherwise would have had if I hadn't stopped drinking alcohol.'

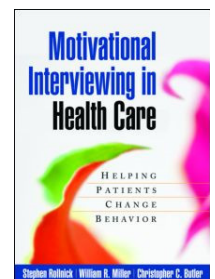
From his first drink at the age of fourteen Ross Fitzgerald has struggled with alcoholism. His story is one about despair, courage and hope – and living to see another day. Insightful, brutally honest and inspiring, *My Name is Ross* is his account of life as an alcoholic and his battle to get sober and stay sober.' - UNSW



Motivational interviewing in health care: helping patients change behavior.

Stephen Rollnick, William Miller & Christopher Butler | 2008 | Guilford Press | 362.1 ROL

Much of health care today involves helping patients manage conditions whose outcomes can be greatly influenced by lifestyle or behavior change. Written specifically for health care professionals, this concise book presents powerful tools to enhance communication with patients and guide them in making choices to improve their health, from weight loss, exercise, and smoking cessation, to medication adherence and safer sex practices. Engaging dialogues and vignettes bring to life the core skills of motivational interviewing (MI) and show how to incorporate this brief evidence-based approach into any health care setting. Appendices include MI training resources and publications on specific medical conditions.



A primer of drug action: a comprehensive guide to the actions, uses, and side effects of psychoactive drugs

Robert Julien, Claire Advokat & Joseph Comaty. | 2008 | 11th ed. | Worth Publishers | 615.78 JUL

'From its first edition 30 years ago, Robert Julien's *A Primer of Drug Action* has evolved side by side with the field it covers, capturing the current state of the science of psychopharmacology with each new edition. Furthering that tradition, the new edition takes its place as the definitive guide to the pharmacology of drugs that affect the mind and behavior as understood today. With over 40% new research citations, there is no clearer, more current presentation available on the mechanisms of drug action, etiologies of major psychological disorders, rationales for drug treatment, and the uses of psychopharmacology in patient care.' - Worth



Research integration using dialogue methods

David McDonald, Gabriele Bammer & Peter Deane | 2009 | ANU E Press | 001.4 MCD

'Research on real-world problems—like restoration of wetlands, the needs of the elderly, effective disaster response and the future of the airline industry—requires expert knowledge from a range of disciplines, as well as from stakeholders affected by the problem and those in a position to do something about it. This book charts new territory in taking a systematic approach to research integration using dialogue methods to bring together multiple perspectives. It links specific dialogue methods to particular research integration tasks.' – ANU E Press



The SANE smokefree kit (Manual for mental health workers & SANE Guide to a Smokefree Life)

SANE Australia | 2009 | 3rd rev ed. | 613.85 SAN

'This kit helps people with a mental illness give up smoking. It is designed to be used by workers in the mental health, drug and alcohol or smoking cessation fields and covers all the different aspects of smoking cessation for people with a mental illness. The kit includes essential information on the relationship between smoking and mental illness, a session-by-session manual and all the handouts and materials needed for the program.' – Sane Australia



To request any of the books above please email ndsis@adca.org.au