

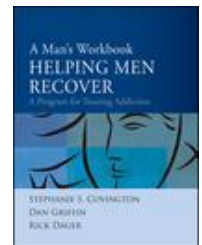
NEW TO NDSIS

The following is a list of new resources added to the DRUG Database;
These resources are available to be borrowed by all ADCA members.

A man's workbook: a program for treating addiction: helping men recover

Stephanie S. Covington, Dan Griffin and Rick Dauer | 2010 | Jossey-Bass | 616.86 COV

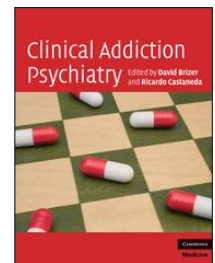
A Man's Workbook offers a companion product that is tied seamlessly to the *Helping Men Recover Facilitator's Guide*. This participant workbook has four modules (self, relationships, sexuality, and spirituality) and allows men to process and record the therapeutic experience. It contains exercises for use in group sessions, summaries of information presented from the facilitator's guide, and reflection questions and activities for use after group sessions. There is also a criminal justice version of the workbook which is designed specifically for men in criminal justice settings.



Clinical addiction psychiatry

David Brizer and Ricardo Casteneda (eds) | 2010 | Cambridge University Press | 616.86 CLI

Clinical Addiction Psychiatry is an anthology of essays that represent the most current and authoritative information now available on addiction theory, practice and research, covering dozens of provocative, fascinating and essential subdomains of the field. Each chapter is authored by a recognized authority in the field and detailed attention is paid to environment, genetics, culture and spirituality as well as treatment and pharmacology. History, street culture, and medical science are brought together in masterful discussions that encompass the full spectrum of addictive disorders, emphasizing assessment and clinical management. This unique resource gathers complex medical and scientific data in a way which is accessible to both health care professionals and readers without medical or psychology backgrounds.



Gay men and substance abuse: a basic guide for addicts and those who care for them

Michael Shelton | 2011 | Hazelden | 616.86 SHE

Statistically, the gay male population has a higher rate of substance abuse issues when compared to the general public. This definitive book offers in-depth intervention and treatment information specific to the lifestyle and culture of gay men. Exploring the social and psychological factors that play into homosexual men's addictions, nationally certified treatment counselor Michael Shelton presents a timely, comprehensive look at best practices in meeting their unique needs in recovery, offering keen insight on a range of issues. This book fills a tremendous void serving as a valuable resource for professionals, men in recovery, concerned partners, friends, and family members in need of solid information and guidance.



Group therapy for substance use disorders: a motivational cognitive-behavioral approach

Linda Carter Sobell and Mark B. Sobell | 2011 | Guilford Press | 616.89152 SOB

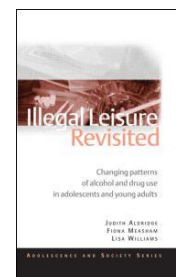
This book presents a groundbreaking evidence-based approach to conducting therapy groups for persons with substance use disorders. The approach integrates cognitive-behavioral, motivational interviewing, and relapse prevention techniques, while capitalizing on the power of group processes. Clinicians are provided with a detailed intervention framework and clear-cut strategies for helping clients to set and meet their own treatment goals. More than two dozen ready-to-use reproducible assessment tools, handouts, homework exercises, and session outlines are supplied in a convenient large-size format.



Illegal leisure revisited: changing patterns of alcohol and drug use in adolescents and young adults

Judith Aldridge, Fiona Measham and Lisa Williams | 2011 | Routledge | 362.2912 ILL

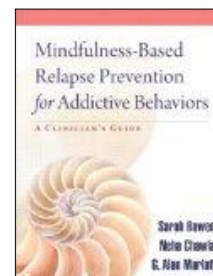
This book updates the progress into adulthood of the cohort of fourteen-year-olds who were recruited and tracked until they were eighteen years old. *Illegal Leisure* (1998) described their adolescent journeys and lifestyles, focusing on their early regular drinking and extensive 'recreational' drug use. This new edition revisits these original chapters, providing commentaries around them to discuss current implications of the original publication, plus documenting and discussing the group at twenty-two and twenty-seven years of age. *Illegal Leisure Revisited* positions the journeys of these twenty-somethings against the ever-changing backdrop of a consumption-oriented leisure society, the rapid expansion of the British night-time economy and the place of substance use in contemporary social worlds.



Mindfulness-based relapse prevention for addictive behaviors: a clinician's guide

Sarah Bowen, Neha Chawla and G. Alan Marlatt | 2011 | Guilford Press | 616.891425 BOW

This authoritative book presents an innovative relapse prevention program that integrates mindfulness practices with evidence-based cognitive and behavioral strategies. Clinicians get essential information and materials for implementing the approach with their clients. In eight carefully structured group sessions, participants gain awareness of their own inner experiences, step out of habitual patterns of thought and behavior that can trigger relapse, and acquire concrete skills to meet the day-to-day challenges of recovery. User-friendly features include detailed guidelines for facilitating each session, scripted examples of guided meditations, and more than 20 reproducible handouts and forms.



Permit but discourage: regulating excessive consumption

W.A. Bogart | 2011 | Oxford University Press | 345.027 BOG

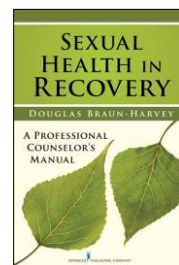
Permit But Discourage: Regulating Excessive Consumption, by W.A. Bogart is the first book to focus on problem gambling and its regulation and to situate this analysis in the larger context of regulating excessive consumption. This work analyzes the effectiveness of law in controlling excessive consumption. It engages theoretical discussions concerning the effectiveness of legal intervention, especially regarding "normativity", the relationship between law and norms. It also argues that various forms of over consumption (alcohol, smoking, non-nutritious eating) can be more effectively controlled by altering norms regarding them so that such excesses can be suppressed to a greater extent.



Sexual health in recovery: a professional counselor's manual

Douglas Braun-Harvey | 2011 | Springer | 616.8582 BRA

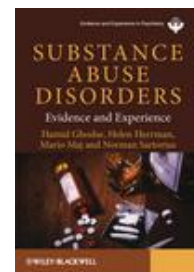
Based on a curriculum that was successfully implemented and evaluated at Stepping Stone, a drug and alcohol treatment program in San Diego, *Sexual Health in Recovery* offers counselors a chance to understand and integrate basic sexual health principles into their work. Addiction treatment professionals and their clients will then be able to comfortably and safely address sexual issues that may impede recovery-and thus have a greater chance at successful treatment.



Substance abuse disorders: evidence and experience

Hamid Ghodse, Helen Herrman, Mario Maj and Norman Sartorius (eds) | 2011 | Wiley-Blackwell | 616.86 SUB

Substance abuse disorders are among the most prevalent psychiatric disorders and are frequently comorbid with other psychiatric and health conditions and accompanied by social problems; however, they remain under-recognized and under-treated. Many physicians and mental health practitioners receive little-to-no training in the identification and treatment of these disorders. Approaches to their prevention include some of the major success stories in modern public health as well as some of the deepest controversies in public life. This new title in the WPA series *Evidence and Experience in Psychiatry* informs psychiatrists and a wide range of professional groups from health and social services about these disorders and their treatment and control.



To request any of the resources above please email ndsis@adca.org.au

To stay up to date with the latest books and journals added to the DRUG database stop past the Drug homepage www.drug.org.au